

# Family Planning & Pregnancy with Arthritis Seminar

**When should I plan a family?**

**Can I even have children?**

**What medications can I take?**

**Is arthritis hereditary?**

**What sort of support can I get?**

**Will I go into remission?**

Do you have a form of arthritis?

Are you considering your pregnancy options, currently pregnant or a new parent?

In this seminar we have brought together experts in their field to share key information about pregnancy and parenthood while managing a chronic condition like arthritis.

The speakers will cover many topics as well as answer questions, so you can walk away with the necessary knowledge to make informed decisions.



## SPEAKERS

**Sexual Health Specialist**

**Dr Geraldine Edgely**

Reproductive health, contraception

**Obstetric Medicine Physician**

**Dr Christine Sammartino**

Complex patients, obstetric considerations

**Rheumatologist**

**Dr Sharon Van Doornum**

Latest research, medications, managing flares

**Occupational Therapist**

**Britt Watson**

Gadgets, movement tips, support services

**New Parents**

**Robyn and Una Tafuna**

Challenges & triumphs with baby & arthritis

As well as hearing from some great speakers, during afternoon tea you will have the opportunity to chat with others living with arthritis including members from the Young Women's Arthritis Support Group.

**WHERE:** Ashwood Hall, 21 Electra Ave, Ashwood, VIC (enter from Electra Ave footpath)

**WHEN:** 11th September 1.00–5.00pm

**COST:** \$10 (includes afternoon tea)

Enquiries: [info@ywasg.com](mailto:info@ywasg.com) or phone 0413 005 246



A Young Women's  
Arthritis Support  
Group Event  
[www.ywasg.com](http://www.ywasg.com)



**BOOK NOW AT: [YWASG.COM/EVENTS/PREGNANCY](http://YWASG.COM/EVENTS/PREGNANCY)**